

About microdermabrasion and acid peel treatment

This document describes what you need to know before and after receiving microdermabrasion or acid peel treatment. We use only licensed cosmetologists and estheticians to perform this treatment and provide any follow-up care required. Should you have any unanswered questions, our staff can answer them at your in-person consultation.

Before treatment

What does it do?

The microdermabrasion treatment removes dead skin and blemishes. The acid peel treatment improves skin texture and reduces blemishes, acne outbreaks, and the appearance of fine lines.

Our goal with these treatments is to improve the appearance of your skin. Results will vary from person to person. We cannot guarantee how long the results will last, how much of an improvement there will be, or how painless the treatment will be.

What does it not do?

Microdermabrasion and acid peel treatments do not help with impetigo, inflamed eczema, herpes simplex, severely distended capillaries, dermatitis, questionable lesions, and sunburns.

Who should not receive this treatment?

Within the past 5 days, have you used BOTOX® injections, dermal fillers, retinoic acid products, or any alpha or beta hydroxy acid products? If so, we will not perform this treatment on you and recommend that you wait until 5 days have passed.

Within the past 12 months, have you used Accutane or any other medication that makes people sensitive to sunlight? If so, we will not perform this treatment on you and recommend that you wait until 12 months have passed.

What risks are involved?

What problems might I experience?

Should you experience any problems following your treatment, we can advise and treat you. Our doctor can answer any questions you might have at your in-person consultation.

Skin condition changes: Some people experience reddening, swelling, stinging, tenderness, flaking, peeling, mild burning, temporary bruising, or blistering. Some people experience a change of skin color, either darkening or lightening. These conditions usually go away between 2 to 7 days.

What else do I need to know?

1. Let our doctor know of any medications you are using. In particular, let us know if you use any medications that prevent clotting of blood. (These are also known as anticoagulants.)
2. The effectiveness of the treatment varies from person to person, and you might need more than one treatment session to achieve the desired results.

3. This treatment can destroy skin lesions, thus preventing laboratory analysis of a lesion. Ask our doctor if you suspect any skin lesions might benefit from a lab analysis before this treatment.

After treatment

1. Apply a hypoallergenic, hydrating, anti-oxidant, topical preparation to encourage skin regeneration for at least 7 days.
2. After 2 weeks, it is safe to use retinoic acid and alpha- and beta-hydroxy acid products.
3. Use daily a broad-spectrum sunscreen of SPF 30 or higher.
4. After 6 months, it is safe to use Accutane or any other medication that makes people sensitive to sunlight.

About your appointment

Your safety comes first. If at any time we discover that our equipment is not in proper, working condition, we'll kindly ask for your understanding and ask you to reschedule your appointment.

Understanding and accepting the risks

Confirm the following statements:

1. I am signing this document before being treated at Recharge Medical and Day Spa.
2. All my questions regarding this treatment have been answered satisfactorily.
3. I have read and understood the information provided above and the information provided to me in person by the doctor and staff.
4. I accept all risks involved in this treatment.
5. I release Recharge Medical and Day Spa and its agents from all liability associated with this treatment.

Wait to sign and date below until one of our staff members watches you do so.

Signature _____ Date _____

Print your name _____

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